

Some items from the EPI

Here are some questions about how you think, feel and act. After each question is a space for answering 'yes' or 'no'.

Decide whether 'yes' or 'no' represents your usual way of thinking, feeling or acting, and then circle the appropriate answer.

Don't spend too much time on any question; go with your first reaction, rather than thinking for a long time about how you want to respond. This isn't a test of intelligence or ability, just a measure of how you behave.

Do you like plenty of excitement and bustle around you?	Yes	No
Do you like working alone?	Yes	No
When you get annoyed do you need someone friendly to talk to about it?	Yes	No
Are you often 'lost in thought'?	Yes	No
Do you sometimes feel happy, sometimes sad, for no real reason?	Yes	No
Do you worry too long after an embarrassing experience?	Yes	No
Are you moody?	Yes	No
Have you often lost sleep over your worries?	Yes	No
Have you sometimes told lies in your life?	Yes	No
Do you sometimes laugh at a dirty joke?	Yes	No

E:

N:

L:

NB: this is not a full version of the EPI and does not produce valid psychometric measurements. It has been produced for educational/illustrative purposes only and should not be used for any other purpose.