

# Explaining people's behaviour in the humanistic perspective

You are learning how to...	In the context of...
<ul style="list-style-type: none"> <li>Analyse real world behaviour using psychological concepts</li> </ul>	<ul style="list-style-type: none"> <li>Humanistic psychology</li> <li>Carl Rogers' theories</li> </ul>

## Does this sound like anyone you know?

Eva, Harpreet and Millie had just received their AS modular exam results. Millie was angry.

"I got all 'E's and 'U's!' she snarled, "and it's all because of my rubbish teachers. If they'd been teaching me properly I'd have got 'A's and 'B's no problem. I'm going to complain to the school."

"Come on, Mil," said Harpreet, "what about all those classes you skipped?"

"I only skipped class because the teaching was rubbish!"

"How do you know what the teaching was like?" said Eva, "You didn't turn up often enough to find out! You didn't even read the book for English. What did you get, Harpreet?"

Harpreet grimaced. "I dropped four easy marks in my Chemistry and I only scraped 'A's in Biology, Physics, Maths and French by a few percent. I got full marks in RS and General Studies but they don't really count. They're easy."

"Oh shut up, Har!" snapped Millie, "I'd kill to have your results. Why can't you just be happy?"

"I nearly failed my mock driving test." said Harpreet. "What sort of idiot does that make me? How'd you do, Eva?"

"Oh, not too bad." replied Eva. "I got a 'B' in Physics and I was really happy with that 'cause remember I was really struggling earlier in the year but I asked my teacher to help and she really did help me. I was a bit disappointed with a 'B' in Psychology though, because I thought I would do better. Thinking about it, though, I was a bit complacent with my revision...I thought I could just breeze it. I'll have to work a bit harder in the summer now, but that's the only way I'm going to improve it."

**Use your knowledge and understanding of the humanistic approach and the ideas of Carl Rogers to explain what's happening in this conversation.**